Testing: Frequently Asked Questions

Should I get tested?

- If you have been in close contact with someone who may have coronavirus or have a **fever, cough or shortness of breath**, you may need to get tested.
- Public health officials have advised that not everyone needs to get tested! Learn more here.

  - <u>If you are healthy</u>, most illness caused by coronavirus is mild. If your illness is mild, you do not need to see your doctor and do not need to get tested, but it is important to stay home and pay careful attention to your symptoms.
  - <u>If you have other health conditions,</u> call your doctor to ask if you should get tested. If you start feeling worse for any reason, call your doctor.
  - If you or your family notices that you are starting to experience confusion, bluish lips, trouble breathing or difficulty waking up, these could be signs of an emergency -please call 911.

How testing works:

- Before getting tested, contact your doctor's office or your state's hotline.
- DO NOT go to your doctor's office without calling first.
- Depending on where you live, you may be given a test for flu and other viruses first before getting the coronavirus (COVID-19) test.
- If you get the coronavirus test: You may have samples taken from your nose and throat
- You should receive results in 2-5 days
- Stay home and have less contact with other people as much as possible until you hear your test is normal. <u>Click here</u> to find your state hotline and to learn more about testing.

What if I test positive?

- Stay home except for medical care needed
- Separate yourself from others
- If you're not feeling well, call your provider first
- Cover your coughs & sneezes
- Clean your hands often
- Clean surfaces daily
- <u>See more information here.</u>